

# Dolphin Centre

## Swimming

£1.00 for Adults & Children

Over 5

Children Under 5 Go FREE

## Soft play

£1.50 for Children Over 5

Children Under 5 Go FREE



## Story Sacks

A selection of story sacks are available from reception.

You can borrow these for up to a week.



## We provide a Breast Feeding Friendly Environment

A private breast feeding room is available upon request.



## Stopping Smoking

Help and Advice Available.

Enquire at Reception.

## Have you seen our training course leaflet?

We offer many courses throughout the year such as Baby Massage, Happy Eaters, Computers Together and many more!

Ask at reception for a copy of our leaflet!

# What is a Children's Centre?

There are 5 Centres within Darlington designed to offer education with childcare, family support and health services to families with children under the age of 5.

## Children's Centres In Darlington

Skerne Park — 01325 248020

Mount Pleasant — 01325 488176

McNay Street — 01325 487718

Dodmire — 01325 355015

Maidendale—01325 749975

Partner site of

Mount Pleasant Children's Centre

[www.mountpleasant.childrencentre.org](http://www.mountpleasant.childrencentre.org)

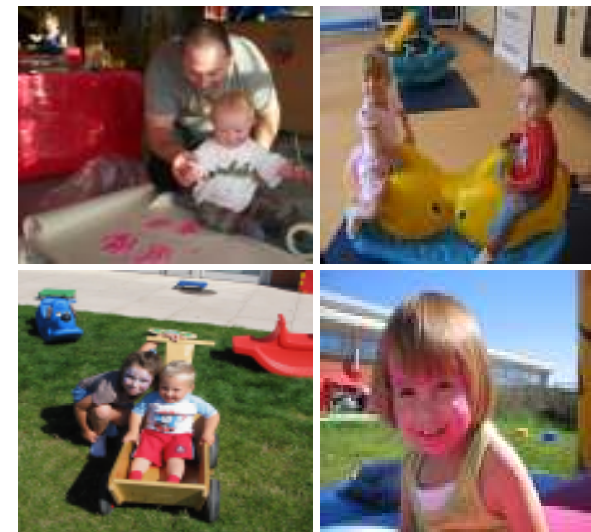


Updated April 08



Coleridge Gardens, Darlington, DL1 5AJ

# Weekly Activities



June 2008 to September 2008

Come along and join in  
the fun!!

Tel: 01325 248020

## Monday



10.30-11.30  
Baby Oasis  
(0 to 18 Months)  
Skerne Park



1.30- 3.00  
Toy Library  
(Under 5s)



1.30-3.00  
Bump& Babi  
(0-18 Months)  
TeenParents  
Park Place Clinic

## Tuesday

10.00-12.00  
Baby Lounge &  
Clinic  
(Under 5s)  
Skerne Park



10.30-12.00  
Sensory Sensations  
Skerne Park

1.30-3.00  
Play Zone  
(Under 5s)  
Skerne Park



## Wednesday

Fortnightly  
Parents Meetings  
9.30- 11.00  
Skerne Park

9.00-11.30  
Ante-Natal Clinic  
(Need To Book)  
Skerne Park



12.30 - 2.30  
Advice Service  
Drop In Session  
Skerne Park



3.30- 4.30  
Teen Drop In  
Skerne Park

## Thursday



12.30-1.00  
Picnic Club  
Clifton Centre

### GYMBOREE



1.00-1.45  
(Need to Book)  
Movement and  
Music  
&  
2.00-2.45  
Movement and  
Music  
(Need to Book)  
Clifton Centre

1.45-2.15  
Library Session  
(Under 5s)  
Clifton Centre

## Friday

Why not have a look  
at our training course  
leaflet at reception

### ADVICE

#### Housing

Tuesday 1.30 -3.30  
Thursday 9.15-11.15

#### Morrisons Trust

Tuesday 1.00-4.30  
Friday 9.30-12.30

## Saturdays

### Fortnightly

10.00-12.00  
The 'Bacon Butty  
Club'



(Registered Dads  
and Children of all  
Ages)

Mount Pleasant  
Children's Centre

### ONCE A MONTH

#### Inclusion group

Thursdays  
3.30- 6.00

Skerne Park  
(Must Book)

For children with  
additional needs  
and their families

Snack tea provided  
Activities provided  
by DASH.

Safety Equipment is available, please ask at  
reception for further details

Mondays 9.00am-12.00noon

Thursdays 1.00pm-4.00pm

For more information you could check out our website: [www.skernepark.childrencentre.org](http://www.skernepark.childrencentre.org)